



Illumination

# THE SECRET SEXUAL BASEMENT



# What is the Secret Sexual Basement?

- An educational metaphor for the two-part problem of deceptive sexuality - the sexual behaviour itself, and the behaviours used to keep it hidden
- The clinical term (and the criteria) for the secret sexual basement is DCSR, which stands for:
  - Deceptive
  - Compartmentalized
  - Sexual-relational
  - Reality





# DCSR

- **Deceptive** - It's non-negotiated, goes against the explicit and/or implicit agreements of the relationship, and involves the intentional use of deceptive behaviours
- **Compartmentalized** - It's intentionally kept separate and hidden from other people (especially the intimate partner), and often involves the violation of values that the person holds or professes in other areas of their life
- **Sexual-relational** - It includes repeated violations of the fidelity of the relationship with sexual behaviours and/or romantic, emotionally intimate, or exploitative relationships
- **Reality** - It's an ongoing reality that's intentionally hidden, and the reality of the intimate partner is intentionally manipulated. The person maintaining the basement and the intimate partner are living in two different realities



# Imagine...

- *Imagine a family home with a family living in it. There's a couple of cars on the driveway, it's nicely decorated and furnished. Activities are going on in the home just like any normal family...*
- *Now imagine that one of the members of the family, lets say the husband and father in this case, has built a secret basement underneath the home that only he knows about. He goes into that basement to engage in sexual behaviours or relational infidelities whilst pretending that the basement doesn't exist...*
- *He covers up the entrance as he enters and leaves, hides any evidence of the basement, and tells his wife that she's imagining things if she wonders where he keeps going...*
- *This is **the secret sexual basement**. The family in the home above are living in one reality, the husband and father is living in another, and the two are kept intentionally separate...*



# Secret Sexual Basement

CES (compulsive-entitled sexuality) = The behaviours that happen in the basement

IAD (integrity-abuse disorder) = The behaviours that keep the basement hidden

**CES + IAD = The Secret Sexual Basement**

